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PAY NOT A PRIORITY FOR MILLENNIALS

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NEW RESEARCH

New research has shown Australian Millennials are not as vain as they're portrayed to be and they value workplace culture over pay. 55% of Millennials prefer complete job satisfaction over a pay rise and 57% are more motivated by their workplace environment and value fun over pay.




THE STUDY

The study showed 70% look for an active office environment over a private office or cubicle set up. When it comes to the future, 65% are looking forward to a healthy workplace with a focus on wellbeing and would prefer this over any advanced technology.

- Today, more than 100 attendees will gather to discuss how to improve workplace wellness in Australia at the national Workplace Movement Forum.
- More than 1000 Australians between the ages of 25 to 34 were asked a range of questions about their current and future workplaces.
- 75% of people said regular breaks and standing up to move around makes them the most productive compared to regular snacks and other group brainstorming sessions.
- The research commissioned by leading standing desk provider, Varidesk, found 50% of Millennials say the main reason they stay in a job is because of good work friends and 41% say trustworthy management is key to staff retention.

THE WORKPLACE MOVEMENT EVOLUTION

Professor Stuart Biddle from **The University of Southern Queensland** says it will be an opportunity for participants to hear first-hand how organisations have improved employee health, happiness and productivity by implementing a **Move More culture in their workplace.**



Abby Kule is a Millennial who claims the generation has been painted with the wrong brush. “We are not as self righteous as everyone makes us out to be, in fact we are the most forward thinking, health conscious generation to date and we value experiences and culture over the dollar.”

VARIDESK spokesperson Brad Shipp says *“Australia is one of the global leaders in the adoption of active workspaces compared to the rest of the world. This is directly linked to productivity and the country’s economy which is of interest to all Australians”*

Creating a Move More culture in your workplace will improve employee health, wellness and productivity. This movement forum is a must for workplace health professionals, avoid dangers of sitting and its impact on our health and working life.

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